



Treat post-traumatic disorder through art

NEWSLETTER 2

We welcome you to the second newsletter of our new Erasmus Plus KA2 Project Online colour therapy: Treat post-traumatic disorder through art. Through our project we aim to develop an innovative training package for health VET trainers to use as a basic tool to train health support staff to familiarise them with PTD and increase their skills and competences to recognise and treat individuals with traumatic disorders through proper strategies for de-escalating stressful interactions.

PROGRESS SO FAR - VET TRAINER CURRICULUM BOX

We have finished the IO1 Curriculum box and we have planned our first LTTA!

The Curriculum box we created is an original set of guidelines and methodologies on how to deliver the training but also the training content needed for the development of the competencies required. The Curriculum box has a section for the methodology and structure of contents and a section for the methodology of the C1 pilot phase. This Curriculum box functions as a support to both the training to be performed in the pilot phase (European learning action) (then replicate at country level) but also for the online training, through the VR scenarios foreseen by the project (IO2).

Using a mixture of methodologies in training, the Curriculum box is successful as it is a mix of theoretical lessons, group workshops, practical experiences. Such mixed approach helps the health VET trainers and health staff to grasp main aspects of Post Traumatic Disorder treatment techniques. This mixed methodology also allows a lot of flexibility regarding the content taught, and makes it possible to take into account specific needs of each learner.

OUR FIRST LEARNING TEACHING TRAINING ACTIVITY!

The partners during the meeting decided to have the first Learning Teaching and Training Activity in July of 2022 in Barcelona! Each partner organization has to send 5 participants to this activity for the training. The activity will be a 5-day workshop for health VET trainers on post-traumatic disorder treatment using art therapy. Health VET trainers who want to learn more about PTD and upgrade their training methodology with aspects of acquiring knowledge, skills, and competencies to train health support staff on how to deal with individuals suffering from PDT in their therapeutic treatment, will attend this activity. Our target is to increase the range of teaching abilities of the health VET trainers, with a set of knowledge, skills, and competencies related to use art therapy for treating Post Traumatic Disorder, which is not usually taught in the formal education system, sorely needed to train health support staff in their treatment scheme involving individuals with PTD, during their professional life.

PARTNERS

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